

BLUE NAAARTJIE

OUR **CITRUS SESSIONS** OFFERINGS



WORKSHOP CITRUS SESSIONS

Squeeze out new skills and fresh thinking

BRILLIANT TEAM

Peel back the layers of team dynamics. This session equips leaders (and aspiring ones) with tools beyond experience—think strategy, inspiration, and unity.

ZESTY OUTCOMES

- Leadership Insight
- Team Empowerment
- Motivation

CLASSIC FIREWALK

Feel the heat! Learn how fear affects decision-making, and then literally walk through it. A bold, unforgettable confidence boost.

ZESTY OUTCOMES

- Courage
- Fear Mastery
- Breakthrough Energy

JOINT EFFORT

Pull together—literally. This task-driven session reveals who leads, who listens, and how your team can sync to succeed.

ZESTY OUTCOMES

- Unity
- Leadership
- Active Communication

LET'S GO LEGO

Build, break, and banter. Using only Lego-style blocks and open-ended instructions, teams must decode the goal and construct under creative tension.

ZESTY OUTCOMES

- Precision
- Collaboration
- Creative Conflict

MAROONED

Stranded on a (pretend) island, your team must outwit, out-plan, and outlast using only your wits and some wild AV-supported challenges.

ZESTY OUTCOMES

- Problem-Solving
- Leadership
- Survival Strategy

STAR GAZE

Eyes up! This stargazing session blends cosmic insights with telescope time and lighthearted discussion under the stars.

ZESTY OUTCOMES

- Curiosity
- Wonder
- Shared Discovery

CREATIVE CORNER

PERFUME MAKING

Step into a world of elegance and sensory discovery where your team becomes master perfumers for the day. The Perfume Making Experience invites participants to explore the art of fragrance creation, blending creativity, intuition, and collaboration into a truly immersive journey. Each scent tells a story, and through teamwork, imagination, and a touch of inspiration, your team will craft fragrances as unique as they are.

ZESTY OUTCOMES

- Relaxation
- Self-Love
- Gentle Creativity

CANDLE MAKING

Step into a warm, creative space where your team becomes artisan candle makers for the day. The Candle Making Experience is a hands-on journey of creativity, connection, and craftsmanship, where each participant transforms raw materials into a beautifully scented masterpiece. Through collaboration and self-expression, your team will ignite their creativity and craft candles that reflect both individuality and shared experience.

ZESTY OUTCOMES

- Relaxation
- Self-Love
- Gentle Creativity

PAINT & PAMPER

Soothe your soul with brush strokes and mini massages. This mellow combo of art and pampering brings serene self-care into the creative space.

ZESTY OUTCOMES

- Relaxation
- Self-Love
- Gentle Creativity

THE ART OF WELLBEING

Breathe, brush, and balance in this fusion of seated yoga and mindful painting—a refreshing session for mind, body, and canvas.

ZESTY OUTCOMES

- Mindfulness
- Wellness
- Creative Flow

TEKKIE PAINTING

Turn blank sneakers into bold, wearable art. Total freedom, total fun—and a one-of-a-kind pair to strut away in.

ZESTY OUTCOMES

- Self-Expression
- Relaxation
- Take-Home Keepsake

VINO CASSO

Sip and swirl while you paint the town red (and blue, and gold). Wine tasting meets canvas creation in this indulgent art soirée.

ZESTY OUTCOMES

- Connection
- Sensory Delight
- Lighthearted Luxury



CONTACT US TO BRING ZEST TO YOUR TEAM BUILDING.

